

# Cevarix 1<sup>st</sup> Vaccination Clinic

## Announcement (12 / 2016)

NUST Health Services under the auspices of the Department: Student Services in conjunction with Omega Care are conducting a Cervarix Vaccination Clinic for all female staff, students and their daughters, from 9 years and upward (staff members can bring their daughters after school).

**Date:** Thursday, 14 April 2016

**Venue:** NUST Health Services Clinic

**Time:** 08:00 - 15:00

**“Together we can beat cervical cancer”**

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### Enquiries:

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# Cervical Cancer

Every 2 minutes a woman dies of cervical cancer worldwide

A common virus, HPV, is the main cause of cervical cancer. The virus is transmitted through sexual intercourse and intimate skin-to-skin contact. Infection rarely shows symptoms.

## Early Detection:

- Up to 80% of sexually active women will acquire HPV infection at some time in their lives.
- Up to 70% of these infections will be from cancer-causing HPV types.

However, it is a cancer that can be detected and prevented. It can also be treated with great success if detected early.

## You may be a risk, whatever your age

- If you start sexual activity at a young age
- If you or your partner have had multiple sexual partners
- If you have a sexually transmitted disease
- If you have had multiple pregnancies
- If you smoke

## The Potential of Vaccination

The most effective means of addressing cervical cancer is prevention; and vaccination against the most common cancer causing HPV types 16 and 18 is now available. It has been estimated that alongside regular screening, this could reduce the risk of developing cervical cancer by up to 94%, compared to no intervention.

## Indications:

- Girls and woman over the age of 9 can be vaccinated. HPV vaccination is recommended before a first sexual encounter, however, nearly all women could benefit from vaccination because:
  - A woman can be exposed to the virus at any point in her life
  - Even if a woman has already been exposed to HPV, prior infection does not reliably protect women against subsequent infections.
  - Data show that as women age, cancer-causing HPV infection is more likely to become persistent, and potentially lead to the development of pre-cancerous lesions and cervical cancer.

## Dosage:

- The primary vaccination course consists of three doses:
  - 0, 1, 6 monthly schedule
  - Prescribe to girls and women from 9 years of age and onwards
  - If flexibility in the vaccination schedule is necessary, the 2nd dose can be administered between 1 month and 2,5 months after the 1st dose and the 3rd dose between 5 and 12 months after the first dose
  - Vaccination is by intramuscular injection into the deltoid muscle of the upper arm

## Payments:

- Sr Andima from Omega Care Consultancy, a Private Practice Nurse, Practice No: 088 000 0450529 will be administering the vaccination.
- Omega Care will claim directly from the following Medical Aids: NMC, Bankmed, Renaissance, Nammed & Psemas. The co-payment will be done directly to Sister Andima at the clinic.
- Claims will be directly claimed from the following Medical Aids: NMC, Bankmed, Renaissance, Nammed & Psemas. The co-payment will be done directly at the clinic.

Co-Payment: N\$ 80.00 (Except Psemas)

Co-Payment: N\$ 50.00 (Psemas)

Cash payment for vaccinations is N\$ 400.00 (if no medical aid).